

Where is Your Pain?



In 3 Simple Steps We Can Identify the Cause
and Recommend a Treatment:

1 *First* we get a complete profile on your pain



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The Benefits of Habanero Pepper & Cayenne

by SHARON PERKINS | Last Updated: Jul 07, 2015





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Habanero and cayenne peppers belong to a class of peppers called chili peppers. The habanero pepper is one of the hottest of the chili peppers, while the cayenne pepper has a milder flavor. Peppers are high in vitamin C, an antioxidant. Peppers also contain capsaicin, the active ingredient used for medicinal purposes. Most capsaicin sold commercially comes from cayenne pepper. In addition to its over-the-counter and prescription medicine uses in capsule and topical form, capsaicin is also used in pepper spray. Talk with your doctor before using capsaicin.

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▲ Capsaicin is used mostly as a topical treatment for neuralgia, pain that comes from the nerves

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some types of arthritis.

Where is Your Pain?

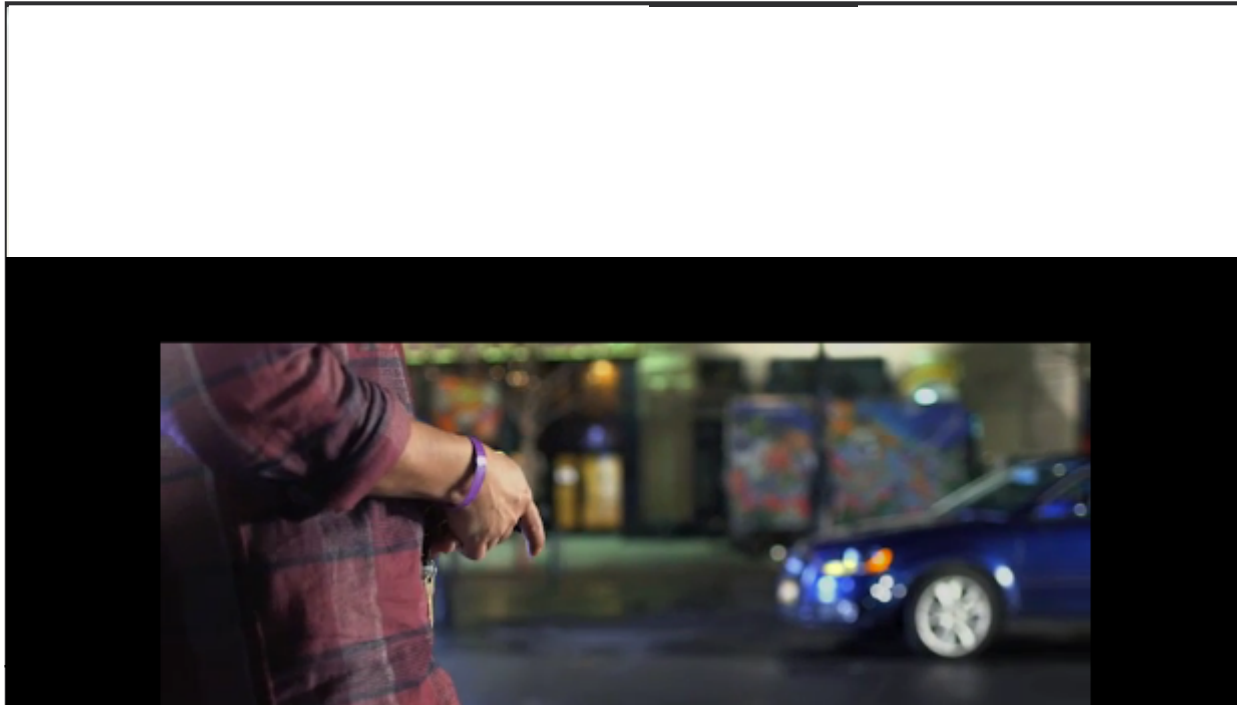
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Health Benefits of the Habanero Pepper



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In Three Steps We Can Identify The Cause And Recommend A Treatment.

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Mechanism



Capsaicin works by depleting Substance P, a neurotransmitter that transports pain signals to the brain. When first applied, capsaicin stimulates Substance P, causing a burning sensation, but continued applications deplete the supply, reducing the pain sensation.



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medication. Capsaicin can make your skin more sensitive to heat; use sunscreen and avoid direct sunlight or tanning beds. Skin dryness, itching or swelling can also occur. A rash or hives may also appear at the site.

Systemic Effects

Capsaicin can cause a number of potentially serious side effects and should not be used without your doctor's approval. More serious effects include a rise in blood pressure, shortness of breath, difficulty breathing, cough, blurred vision, headache, dizziness, fluid retention or a change in heart rate. These side effects can occur with topical application as well as with oral capsules. Report significant side effects to your doctor immediately.

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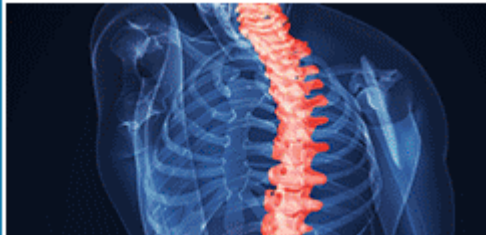
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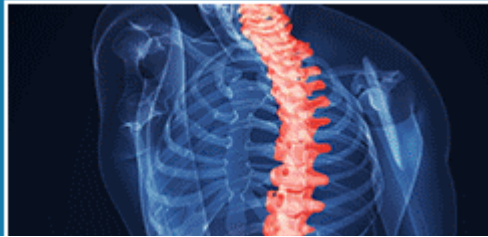
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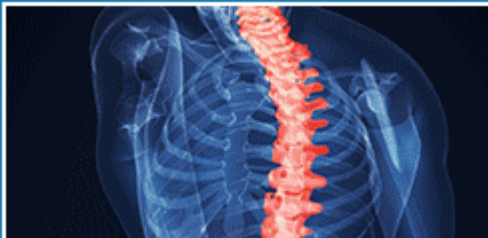


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